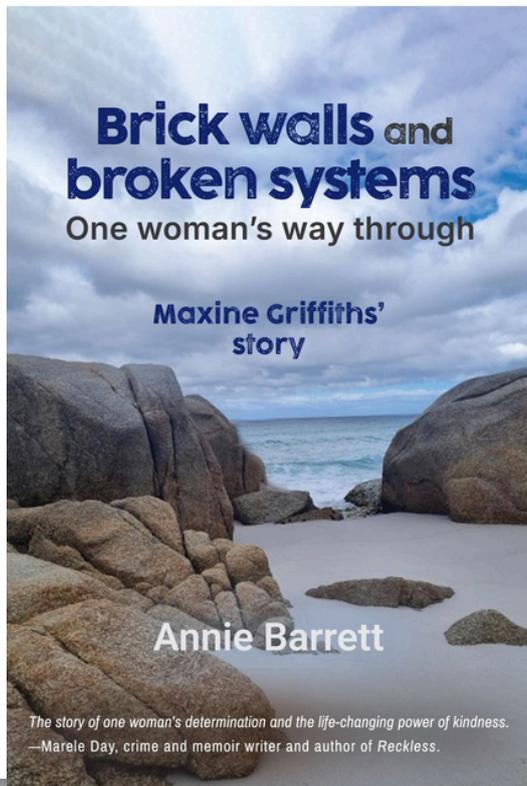


March 28 2026

**ADVANCE
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**This deeply moving true story
is about survival and
redemption and what
motivates us to save others.**



A Tasmanian Biography

*Brick walls and broken systems:
One woman's way through –
Maxine Griffiths' story*

- Author Annie Barrett
- Publisher Gaynor Press
- Paperback, 275 pages, 9x6in
- Availability: bookstores, libraries, IngramSpark, www.anniebarrett.com.au
- ISBN:978-1-7642771-0-5
- Price: \$29.99

'The story of one woman's determination and the life-changing power of kindness.'
Marele Day Memoir and crime writer,
author of *Reckless*.

Annie Barrett is a creative non-fiction writer and counsellor. She facilitates writing for wellbeing groups where trusting the pen on the page is like a deep listening process.

She wrote and compiled 'A School's Journey' Cape Byron Rudolf Steiner School published in 2019.

Annie is grateful to live and write on Bunjalung country in Northern NSW together with ocean breezes and raucous birdlife.

At the age of 19 in the 1970s, Maxine Griffiths met three-year-old Don. He had been abandoned and placed in an horrific institution. Don's body was twisted with cerebral palsy; he had no words and no hope. And, when Don crept into Maxine's heart, he changed her life.

Still young and single, Maxine took on Tasmania's conservative institutions. She never took 'no' for an answer and became an advocate and pioneer. She helped Tasmania step out of its shocking past.

Maxine saved Don's life and he saved hers.



Connect:

 Annie Barrett Aurhor
 [anniebarrett20](https://www.instagram.com/anniebarrett20)

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way though – Maxine Griffiths' Story**

annievbarrett@gmail.com <https://anniebarrett.com.au/>